

## Leadership Recertification: Credit List

### What's it all about?

The Lifesaving Society's Leadership Recertification Credit System applies to all of the Society's Instructors, Examiners and Trainers. The system is designed to recognize individual needs and interests by encouraging instructors to learn and improve through continuing education and professional development.

### How do I recertify?

To recertify, fill out [a Leadership Recertification Card found on our website.](#)

Indicate which awards you wish to recertify in the middle section beneath your personal information.

In the right-hand section, outline which credit activities from page 2 you would like to redeem to recertify. Include when and where this activity took place.

Some awards require specific kinds of activity. If you are recertifying:

- Lifesaving Instructor, Swim Instructor, Official, or Coach awards,
  - You may use any three credits.
- Any other Instructor award,
  - All three credits must be Asterisk Credits.
- Examiner awards,
  - At least one credit must be a Checkmark Credit.
- Trainer Award
  - You must have taught an Instructor Course.

### Can I save extra credits?

No. Credits are valid for a period of two years from the date of the activity in which they are earned.

For example, if you earned a National Lifeguard Certification on January 1<sup>st</sup> 2024, that credit is valid until January 1<sup>st</sup> 2026.

In the right-side section, indicate how your recertification fees will be paid.

### What does this cost?

You can find current and up to date pricing for Leadership Recertification's on the [Lifesaving Society Newfoundland Price List.](#)

You can pay for your recertification by:

- E-Transfer to [info@lifesavingnl.ca](mailto:info@lifesavingnl.ca)
- Credit Card over the phone
- Pre-Authorized Credit Card
- Affiliate Invoicing

You may also pay with cash (exact change only) in person at our St. John's Office.

## Section A: Activities worth 1 Credit

### One Credit Activities:

- Participate as a candidate in a complete Bronze or higher course.
- Successfully complete a:
  - Examiner Course
  - Trainer Course
  - Bronze Medallion
  - Bronze Cross

### One Checkmark Credit Activities:

- Teach a complete:
  - Swim for Life level
  - Canadian Swim Patrol Level
  - Bronze Medallion
  - Bronze Cross
  - Emergency First Aid
  - CPR-A, -B, or -C
- Coach Junior Lifeguard Club

### One Asterisk Credit Activities:

- Successfully complete a:
  - National Lifeguard course (any variety)
  - CPR-HCP course
  - Standard First Aid course
  - Boat Rescue course
- Compete at a Provincial Lifeguard Championship
- Attend the Society's provincial Annual General Meeting

### One Asterisk and Checkmark Credit Activities:

- Conduct three or more exams (Bronze Medallion or higher)
- Judge or Officiate at a Provincial Lifeguard Championship

## Section B: Activities worth 2 Credits

### Two Asterisk Credit Activities

- Be certified, or appointed as a:
  - Lifesaving Instructor
  - Swim Instructor
  - Distinction
  - Airway Management Instructor

### Two Asterisk and Checkmark Credit Activities

- Teach a complete:
  - Distinction
  - Boat Rescue
  - Standard First Aid
  - CPR-HCP
  - National Lifeguard
  - Examiner Course
- Be Certified or appointed as:
  - Examiner
  - First Aid Instructor
  - National Lifeguard Instructor
  - Instructor Trainer
  - Board of Directors or Branch committee member

## Section C: Activities worth 3 credits

### Three Asterisk Credit activities

- Lifesaving Society Diploma certification
- Attend an Update Clinic

### Three Asterisk and Checkmark Credit Activities

- Teaching any Lifesaving Society Instructor or Coach course

## Section D: Non-Lifesaving Society

### Activities:

#### One Asterisk Credit Activities:

- Standard First Aid certification from:
  - Canadian Red Cross
  - St. John Ambulance
  - Canadian Ski Patrol
- CPR-HCP or AED certification from:
  - Canadian Red Cross
  - St. John Ambulance
  - Canadian Ski Patrol
- NAUI, ACUC or PADI Scuba Diver certification
- Canoeing or Kayaking Level 1 or higher certification
- YMCA Assistant Instructor or Assistant Coach certification
- Full attendance at a provincial Aquatic Conference

#### Two Asterisk Credit Activities

- Be Certified as:
  - Synchro Instructor
  - NCCP Swimming Teacher
  - YMCA Trainer
  - Basic or Level II Canoe or Kayak Instructor
  - I Can Swim Teacher

#### Two Asterisk and Checkmark Credit Activities

- Be Certified as:
  - First Aid Instructor from
    - Canadian Red Cross
    - St John Ambulance
  - Canadian Ski Patrol Instructor
  - YMCA Swim Instructor or Coach
  - NAUI, ACUC, or PADI Scuba Instructor